



MRS. MARANO (908) 851-4432

Counseling Corner

Washington School Counseling Newsletter

Dear Parents, Guardians,
Family Members, and
Friends:

It's great to be back at school, and I'm looking forward to another great year! I hope you all had a fun, relaxing summer! I am pleased to bring you this year's first issue of Washington School's "Counseling Corner" newsletter. As your School Counselor, I am here to help ALL students be successful socially, emotionally, and behaviorally so they may access their education without any obstacles. Please feel free to reach out to me if your child needs any support or assistance in school. The counseling services that are available include:

Individual Counseling -Teacher/
Parent Referred or Self-Referred

Group Counseling - Meets once a
week during lunch.

Classroom Based Counseling -
Classroom lessons focusing on
character education.

Parent Consultation

Referrals to outside agencies and
programs.

You can contact me at any time
at (908) 851-4432 or via email at
kmarano@twpunionschools.org

Have a great



school year!!

October is National Bullying Prevention Month

October is National Bullying Prevention Month, and we will be celebrating with a variety of lessons and activities to raise awareness of bullying prevention, and to teach students about respect, kindness, and

diversity. We will celebrate "Respect Week" during the week of October 2nd. Here are some online resources to assist you in continuing these conversations at home with your children:

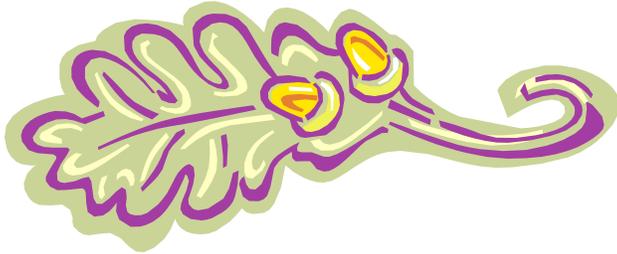
- www.nea.org
- www.pacer.org/bullying
- www.tolerance.org
- www.stopbullying.gov
- www.stompoutbullying.org
- www.antibullyingpro.com

September/October Important Dates:

- September 19: Anti-Bullying Presentation
- October 2- October 6: Week of Respect Activities
- October 2: World Day of Bullying Prevention. Wear BLUE today.
- October 2: Power of One Anti-Bullying Assembly
- October 16-20: School Violence Week
- October 25: Unity Day. Wear orange today.
- October 23-October 31: Red Ribbon Week Activities

Washington School BUCKET PAWS

This year, once again, we are going to implement “Washington School Bucket PAWS”. Bucket PAWS is an easily implemented program that teaches children the “life skills” they need to value their own words and actions. This program will encourage kindness, build good character, and help students learn how to become good citizens who care and respect one another. Teachers and staff can help students value themselves and each other when we encourage them to be helpful, compassionate, unselfish classmates. “Bucket fillers” are those who help without being asked, gives compliments, and generally spreads their love and good feelings to others.



BE A BUCKET FILLER, NOT A BUCKET DIPPER!!

BUCKET FILLING RULES

1. ALL school personnel are a part of this program.
2. The student earns one “PAW” slip when he/she is caught filling another student’s bucket.
3. If it’s an extraordinary act of kindness, staff is free to give Bonus Slips to reward extra acts of kindness.
4. Students who receive a “PAW” will fill it out and place it in their “classroom bucket”.
5. At the end of every two weeks, each teacher will empty their classroom bucket into a “grade level” bucket. Two names from each grade level will be randomly picked out of this bucket, and those students will be announced and receive a prize.

What Does Respect Look Like?

One of the most important concepts you can teach your child is RESPECT. The ideal way to teach respect is to show it! Your child’s daily dealings with adults and kids alike will be more pleasant if she/he speaks and acts respectfully. If children do not have respect for their peers, authority, or themselves, it’s almost impossible for them to succeed. Schools teach children about respect but parents have the most influence on how respectful children become. Begin by showing your kids authority. Authority is a basic health requirement in our children’s lives. Here are some other ways we can show our children respect:

1. If you make a mistake, admit it and apologize.
2. Do not embarrass or insult your child.
3. Compliment them; let them make choices; and let them take responsibility.
4. Listen to your child before producing a decision.
5. Be polite and use “please” and “thank you”.
6. Provide and teach children boundaries.
7. Give your child your full, undivided attention.
8. Keep promises and show your child that you mean what you say.
9. Encourage honesty and that everyone makes mistakes.
10. Praise your child for good deeds, behaviors, and/or traits.
11. When having different opinions, we show we still speak with respect.
12. Teach your children that respect is earned.

